

MOVEMENT SCIENCES (MVSC)

MVSC 2010 Survey of Health, Fitness, Sport, and Wellbeing (3 credits)

General Education: American Experience, Social and Behavioral Ways of Knowing

This course examines the dynamic interaction among society, health, sport, fitness, and wellbeing. It teaches skills necessary for affecting health-related behavior for individuals, communities, and society in our contemporary world. It teaches the basic principles of program development and management in relation to physical activity, nutrition, fitness, sport, and wellbeing and career pathways within the field.

Typically Offered: Fall, Spring and Summer.

MVSC 4040 (s) Special Topics (1-16 credits, max 99)

Credit arranged

MVSC 4300 Activity and Health in Movement and Leisure Sciences (3 credits)

Cross-listed with RSTM 4300

Joint-listed with MVSC 5300, RSTM 5300

This course familiarizes students with contemporary research and professional applications of activity in relation to health and wellness using a variety of perspectives in movement and leisure sciences and related disciplines. Typically Offered: Fall.

MVSC 4450 Internship Preparation and Professional Development (1 credit)

This course explores the different factors that go into finding, obtaining, and getting the most out of an internship. Emphasis is placed on such skills related to understanding the student's chosen field/career path, professionalism, communication, and dealing with adversity in the work place.

Prereqs: MVSC 2010

MVSC 4860 Community Health Assessment, Planning, and Intervention (3 credits)

General Education: Capstone Experience

Joint-listed with MVSC 5860

Develops skills in community health leadership, assessment, planning, pedagogy, and program intervention to improve health for individuals, groups, and/or communities. Lecture-lab. Students are required to work with a campus, school, or community partner in the field as part of the lab hours. Typically Offered: Spring.

Prereqs: Junior, senior, or graduate student

MVSC 5300 Activity and Health in Movement and Leisure Sciences (3 credits)

Cross-listed with RSTM 5300

Joint-listed with MVSC 4300, RSTM 4300

This course familiarizes students with contemporary research and professional applications of activity in relation to health and wellness using a variety of perspectives in movement and leisure sciences and related disciplines. Typically Offered: Fall.

MVSC 5700 Research in Physical Activity, Theory and Design (3 credits)

To understand and apply principles of scientific inquiry using both quantitative and qualitative research methodology, and apply such principles through individual research projects in physical activity.

MVSC 5800 Research: Writing and Dissemination (1 credit)

Professional writing of research not directly related to a thesis or dissertation. Typically Offered: Spring.

Prereqs: MVSC 5700

MVSC 5860 Community Health Assessment, Planning, and Intervention (3 credits)

General Education: Capstone Experience

Joint-listed with MVSC 4860

Develops skills in community health leadership, assessment, planning, pedagogy, and program intervention to improve health for individuals, groups, and/or communities. Lecture-lab. Students are required to work with a campus, school, or community partner in the field as part of the lab hours. Typically Offered: Spring.

MVSC 6100 Pedagogical Immersion in Movement Sciences (1-16 credits, max 99)

Credit arranged. This immersion course is designed to guide the learner in developing and improving effective pedagogical skills while teaching coursework to adults in university and/or community settings.

Prereqs: Instructor Permission

MVSC 6110 Outreach and Engagement Immersion in the Movement Sciences (1-16 credits, max 99)

Credit arranged. This immersion course is designed to guide the learner in participating in and/or developing outreach, engagement and/or service activities to clients, communities, and/or professional organizations.

Prereqs: Instructor Permission

MVSC 6120 Research Immersion in the Movement Sciences (1-16 credits, max 99)

Credit arranged. The research immersion course is designed as a first exposure to doctoral non-dissertation research and a precursor to non-dissertation research, where the student collaborates with the major professor on implementing research.

Prereqs: Instructor Permission