

OUTDOOR RECREATION LEADERSHIP MINOR

Code	Title	Hours
RSTM 107	Outdoor Recreation and Adventure Sports	3
RSTM 290	Wilderness First Responder	3
RSTM 310	Outdoor and Adventure Leadership	3
RSTM 411	Expedition Planning and Management	3
Select 6 credits from the following:		6
RSTM 216	River Recreation and Water Craft Safety	
RSTM 218	Rock Climbing & Mountaineering	
RSTM 228	Avalanche Fundamentals	
RSTM 229	Swiftwater Rescue Training	
RSTM 280	Practicum in Recreation, Sport, and Tourism	
RSTM 408	Experiential Education and Adventure Recreation	
Select 4 credits from the following:		4
IFIT 106	Fitness and Wellness ¹	
IFIT 108	Water-Based Fitness and Sports	
RSTM 108	Orienteering & Navigation	
RSTM 204/404	Special Topics	
RSTM 222	Cross Country Skiing	
RSTM 224	Whitewater Rafting	
RSTM 225	Kayaking	
RSTM 227	Mountain Biking	
RSTM 231	Alpine Skiing	
RSTM 299/499	Directed Study	
Total Hours		22

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Wall Climbing, Advanced Wall Climbing, Fly Tying, Fly Fishing, Intro Archery/Hunting, Archery, Scuba, Mountain Biking.

Courses to total 22 credits for this minor