

# PHYSICAL EDUCATION

## Physical Education Teaching Minor (Grade levels 1-12)

An academic major in physical education teacher education is offered through the Department of Movement Science leading to the degree of B.S.Ed. For information on the undergraduate major in physical education, see the Department of Movement Sciences (<https://catalog.uidaho.edu/colleges-related-units/education-health-human-sciences/movement-sciences/>) section.

Code	Title	Hours
IFIT 108	Water-Based Fitness and Sports	1
MVSC 201	Survey of Health, Fitness, Sport, and Wellbeing	3
MVSC 486	Community Health Assessment, Planning, and Intervention	3
ESHS 107	Movement Fundamentals	1
ESHS 132	Skill and Analysis of Striking and Net/Wall Activities	1
ESHS 133	Skill and Analysis of Target and Invasion Activities	1
ESHS 134	Skill and Analysis of Recreation and Outdoor Activities	1
ESHS 300	Applied Human Anatomy and Biomechanics	3
ESHS 360	Motor Behavior	3
ESHS 412	Elementary Methods in Physical Activity Pedagogy	3
ESHS 413	Foundations and Assessment in Physical Activity Pedagogy	3
ESHS 418	Physiology of Exercise	3
ESHS 421	Secondary Methods in Physical Activity Pedagogy	3
ESHS 424	Inclusive Physical Education and Recreation	3
First Aid and CPR Certificate		
<b>Total Hours</b>		<b>32</b>