

HUMAN DEVELOPMENT AND FAMILY STUDIES (B.S.)

Required course work includes the university requirements (see regulation J-3 (<https://catalog.uidaho.edu/general-requirements-academic-procedures/j-general-requirements-baccalaureate-degrees/#j3>)) and:

Code	Title	Hours
COMM 101	Fundamentals of Oral Communication	3
COMM 335 or SOC 201	Intercultural Communication Introduction to Inequity and Justice	3
ECDE 234	Infancy and Early Childhood	3
ECDE 254	Middle Childhood Development	3
ECDE 340	Parent-Child Relationships in Family and Community	3
ECDE 436	Theories of Child and Family Development	3
FCS 251 or INTR 201	Survey of FCS Professions Major/Career Exploration and Decision Making	1
FCS 346	Personal and Family Finance and Management	4
FCS 428 or FCS 448	Housing America's Families Consumer Economic Issues	3
FCS 498	Internship	3-9
FN 205	Concepts in Human Nutrition	3
FN 305 or FN 492 or FN 491	Nutrition in the Life Cycle Nutrition Education Community Nutrition	3
HDFS 105	Individual and Family Development	3
HDFS 240	Intimate Relationships	3
HDFS 334	Adolescence and Emerging Adulthood	3
HDFS 360	Sexuality Across the Lifespan	3
HDFS 401	Professional Ethics and Practice in CFCS	1
HDFS 434	Adulthood and Aging within the Context of Family	3
HDFS 440	Contemporary Family Relationships	3
HDFS 445	Issues in Work and Family Life	3
PSYC 101	Introduction to Psychology	3
SOC 101	Introduction to Sociology	3
STAT 251	Statistical Methods	3
Select one Social Science Research Course:		3-4
ORGS 444	Methods and Analysis in Organizational Science	
PSYC 218	Introduction to Research in the Behavioral Sciences	
SOC 416	Qualitative Social Science Methods	
SOC 417	Social Data Analysis	
Total Hours		69-76

Courses to total 120 credits for this degree

Fall Term 1	Hours
COMM 101 Fundamentals of Oral Communication	3
ENGL 101 Writing and Rhetoric I	3
HDFS 105 Individual and Family Development	3
Scientific Ways of Knowing Course	4

Mathematical Ways of Knowing Course	3
Hours	16
Spring Term 1	
ENGL 102 Writing and Rhetoric II	3
ECDE 234 Infancy and Early Childhood	3
SOC 101 Introduction to Sociology	3
Scientific Ways of Knowing Course	4
Elective Course	1
Hours	14
Fall Term 2	
ECDE 254 Middle Childhood Development	3
FN 205 Concepts in Human Nutrition	3
FCS 251 Survey of FCS Professions or INTR 201 Major/Career Exploration and Decision Making	1
Humanistic and Artistic Ways of Knowing Course	3
American Diversity Course	3
Elective Course	2
Hours	15
Spring Term 2	
HDFS 240 Intimate Relationships	3
PSYC 101 Introduction to Psychology	3
STAT 251 Statistical Methods	3
COMM 335 OR SOC 201	3
Humanistic and Artistic Ways of Knowing Course	3
Hours	15
Fall Term 3	
HDFS 334 Adolescence and Emerging Adulthood	3
HDFS 360 Sexuality Across the Lifespan	3
ORGS 444 OR PSYC 218 OR SOC 416 OR SOC 417	3
International Course	3
Elective Course	3
Hours	15
Spring Term 3	
FCS 346 Personal and Family Finance and Management	4
FCS 428 Housing America's Families or FCS 448 Consumer Economic Issues	3
HDFS 434 Adulthood and Aging within the Context of Family	3
HDFS 440 Contemporary Family Relationships	3
ATD 349 OR ATD 449	3
Hours	16
Fall Term 4	
ECDE 340 Parent-Child Relationships in Family and Community	3
ECDE 436 Theories of Child and Family Development	3
HDFS 401 Professional Ethics and Practice in CFCS	1
Elective Course	3
Elective Course	3
Elective Course	2
Hours	15
Spring Term 4	
HDFS 445 Issues in Work and Family Life	3
FN 305 Nutrition in the Life Cycle or FN 491 Community Nutrition or FN 492 Nutrition Education	3
FCS 498 Internship (6-9 credits)	6
Elective Course	2
Hours	14
Total Hours	120

The degree map is a guide for the timely completion of your curricular requirements. Your academic advisor or department may be contacted for assistance in interpreting this map. This map is not reflective of your academic history or transcript and it is not official notification of

completion of degree or certificate requirements. Please contact the Registrar's Office regarding your official degree/certificate completion status.

1. **Learn and Integrate:** Students completing the program will obtain knowledge in understanding individual and family development across the lifespan as well as gain practical experience via community engagement, internships, and career development and professional skill-building opportunities. With a focus on theories of human development and the qualities and factors associated with healthy relationships and strong family dynamics, this degree prepares students for multiple and varied career paths in human services, continued educational and research opportunities in graduate programs, and applied skills for improving their own and others' well-being.

2. **Think and Create:** Use critical thinking, problem solving, the creative process, and integrate information across disciplines to address the complex issues facing individuals and families locally, statewide, nationally, and globally.

3. **Communicate:** Express ideas clearly; acquire, articulate, create, and convey intended meaning using written and verbal methods of communication, and state-of-the-art technology where appropriate; use and value communication skills (listening, speaking, writing) with diverse audiences; critically read, evaluate, and communicate knowledge of; articulate the philosophy, integration and benefit of family studies and a lifespan perspective of human development.

4. **Clarify Purpose and Perspective:** Students will be thoughtful and sensitive to the values of others, be able to work with others with value systems different from their own; and appreciate and respect diversity.

5. **Practice Citizenship:** Advocate for and influence ethical family policies, value family diversity and community relationships, participate in a leadership role in student activities and organizations, adhere to and model professional and ethical standards.