

STUDENT HEALTH AND COMMUNITY RESOURCES

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Early Childhood Education

U of I Children's Center, 421 Sweet Ave; www.uidaho.edu/student-affairs/childrens-center (<https://www.uidaho.edu/student-affairs/childrens-center/>)

The U of I Children's Center offers year-round childcare for children from 6 weeks through 5 years of age. Accredited by the National Association for the Education of Young Children, the U of I Children's Center offers a safe and nurturing environment as well as developmentally appropriate curriculum that promotes the physical, social, emotional, and cognitive development of young children.

U of I Child Development Lab, Mary Hall Niccolls Building Rm 103, 751 Campus Drive; www.uidaho.edu/cals/family-and-consumer-sciences/teaching-labs/child-development-laboratory (<https://www.uidaho.edu/cals/family-and-consumer-sciences/teaching-labs/child-development-laboratory/>)

The Margaret Ritchie School of Family and Consumer Sciences Child Development Laboratory offers half-day morning preschool for children 3-5 years old during fall and spring semester. The lab is accredited by the National Association for the Education of Young Children and offers U of I FCS students the opportunity to observe, plan, and lead experiences for children focusing on physical, social, emotional, and cognitive development.

Counseling and Mental Health Center

Continuing Education Building, 3rd Floor; 208-885-6716

The Counseling and Mental Center (CMHC) is a multi-disciplinary team consisting of psychologists, clinical social workers, and a psychiatric nurse practitioner. Our mission is to support students and their mental health by providing individual and group therapy, psychiatric treatment, psychological assessment, outreach and consultation as well as substance use programs and services. We also provide emergency mental health services that are accessible to students through crisis support services on campus and 24-hour access to a mental health provider. In addition, we collaborate with our campus partners through liaison relations that include health and wellness initiatives designed to reduce stigma and increase help-seeking behaviors. The CMHC contributes to the university's academic mission through its training and supervision of graduate practicum students, doctoral interns, postdoctoral residents and social work students and teaching academic coursework in the WWAMI medical education program. We are deeply committed to building a welcoming, affirming, and supportive

environment for all students that reduces stigma and increases access to mental health services, particularly for marginalized and underserved populations.

Testing Center

Continuing Education Building, 3rd Floor; 208-885-5138

The Testing Center offers a variety of testing services and provides a secure, controlled, comfortable, and accessible environment for test delivery for U of I students, faculty, staff, and community members. Our testing services include placement tests such as ALEKS, which is used to determine initial placement in math and English courses, and advanced placement exams such as CLEP, which allows students to earn college credit by passing exams in a variety of subject areas. The Testing Center also administers many of the national testing programs such as the SAT, ACT, GRE, TOEFL, MELAB, MCAT, GMAT, MAT, and PRAXIS. Several certification exams are available as well, including Microsoft Excel, STAMP, GED, ASE, NCEES, TSA, PGA, and ACE. A fee is charged for most proctoring services.

The Testing Center is committed to offering services that are inclusive and respectful of all students, regardless of race and/or ethnicity, sex, color, religion, spirituality, creed, national origin or ancestry, age, marital status, sexual orientation, gender identity, gender expression, disability, or veteran status. For additional information on services provided by the Testing Center, visit <https://www.uidaho.edu/current-students/testing-center> (<https://www.uidaho.edu/current-students/testing-center/>).

Dean of Students

TLC 232; 208-885-6757; askjoe@uidaho.edu; www.uidaho.edu/dos (<https://www.uidaho.edu/dos/>)

The University of Idaho is comprised of a diverse student population that requires the UI to have a diverse student services program. The Dean of Students Office provides a variety of services that focus on assisting students. Programs and services include advising students in living groups, students living off campus, ethnic minority students, and veterans. In addition, the Dean of Students Office coordinates New Student Orientation, the Women's Center, the Child Care Center, the National Student Exchange Program, student leadership activities, fraternity/sorority programs, and student discipline/conduct activities.

This wide range of programs and services includes assisting families and students who experience crisis situations that disrupt normal academic activities.

Staff members are trained to work with individuals and groups of students or to serve as a liaison between students, departments, and agencies on and off campus.

All these services and programs are supportive of the academic mission of UI and are an integral part of the student's total education at the university.

Multicultural Affairs

Office of Multicultural Affairs; TLC. 230; 208-885-7716; fax: 208-885-9494; oma@uidaho.edu; www.uidaho.edu/oma (<https://www.uidaho.edu/oma/>)

UI is committed to establishing and maintaining a campus environment that promotes cultural diversity. This is accomplished through the provision of student services that begin to address specific needs of

Asian-American/Pacific Islander, Black or African-American, Chicano/Latino, and Native-American students. While offering targeted services and programs to these populations, the Office of Multicultural Affairs (OMA) is fundamentally a campus-wide resource meant to benefit the educational experience of the entire campus community by leading in the creation of an environment that supports multiculturalism and promotes inclusion.

OMA provides assistance to these traditionally underrepresented students in the areas of advocacy, financial aid, and accessing university student support programs. OMA is staffed by a full time director, a program coordinator, and an administrative assistant. Staff members are involved in campus-wide leadership and state-wide organizations to promote diversity. One important resource of these efforts is a group of student mentors selected to help new multicultural students connect with resources and learn from the experiences of more experienced U of I students. This mentor group is called P.A.C.E. (Peer Advising on the College Experience). OMA continuously works with other departments across the university to resolve issues that may hinder recruitment, retention, or the success of multicultural students.

Multicultural student organizations serve a vital role in retention and helping to promote and support cultural diversity on the UI campus. Some of the organizations that are currently active are the Asian American/Pacific Islander Association (AAPIA), the Native American Student Association (NASA), The Native-American Graduate Student Association, Gamma Alpha Omega Sorority Inc., Iota Psi Phi Sorority Inc., Lambda Theta Alpha Sorority Inc., the Interested Ladies of Lambda Theta Alpha, the University of Idaho's Black Student Union (UI-BSU), Organizacion de Estudiantes Latino Americanos (OELA), MEChA (Movimiento Estudiantil Chicanos de Aztlán), the Hispanic Business Association, Sigma Lambda Beta Fraternity Inc., GSA (the Gay Straight Alliance), WOCA (Women of Color Alliance), the Men of Vision, the Hispanic Business Association (HBA), Sabor de la Raza, CAMPOS (the College Assistance Migrant Program Organization of Students), ALI (the Association of Latin-Americans and Iberians), ASA (African Students Association), the Associated Students of African Descent, and UNITY. OMA assists these and other organizations in planning and executing campus activities of special interest to their group's members (e.g., cultural heritage months, student leadership retreat, organizational meetings, and campus educational cultural activities). Many meetings of these student groups are held in the Multicultural Student Center, which is located in Rooms 228 and 229 of the Teaching and Learning Center (TLC). For further information, contact the Office of Multicultural Affairs' main office in room 230 of the Teaching and Learning Center, call 208-885-7716, email oma@uidaho.edu, or visit www.uidaho.edu/oma (<https://www.uidaho.edu/oma/>).

Student Health Insurance Program

Student Health Building;

208-885-2210; health@uidaho.edu; www.uidaho.edu/current-students/student-health-services/insurance (<https://www.uidaho.edu/current-students/student-health-services/insurance/>)

The University of Idaho requires all full-time, fee-paying, degree-seeking undergraduate students enrolled in 12 or more credits; graduate/Law students enrolled in 9 or more credits; and all international students to submit proof of valid health insurance as a condition of enrollment. Students subject to the requirement may choose to rely on personal health insurance or enroll in UI's Student Health Insurance Program.

Student Health Services

Student Health Services; 208-885-6693; www.uidaho.edu/studenthealth (<https://www.uidaho.edu/studenthealth/>)

Student Health Services, in partnership with Moscow Family Medicine, provides a broad spectrum of outpatient medical care services. The medical staff includes Board-certified physicians, physician assistants, and nurse practitioners. Services include lab and X-ray, nutrition counseling, and psychiatry. Additional counseling services are available in cooperation with the Counseling and Testing Center.

Health education classes and wellness programs are available to students. These programs range from fitness and nutrition classes to substance abuse and smoking cessation courses. A list of programs and additional information is available at the Student Health Services website, www.uidaho.edu/studenthealth (<https://www.uidaho.edu/studenthealth/>).

The hours of operation, scope of services, and fee-for-service charge schedule are subject to change during the academic year. Please look for changes notices at the Student Health Services website.

Violence Prevention Programs and Resource Services

Resource specialists provide violence prevention and risk reduction programming for students, staff, and faculty on campus. Services include crisis intervention and referrals for on-going campus/community resources. Individual students, student leaders, university administrators, and community medical/legal professionals collaborate with resource specialists to create and implement positive campus policy. Risk reduction educational programs are available to all students at no cost. For more information, call 208-885-2956 or visit the Teaching and Learning Center Room 232.

Women's Center

The Women's Center staff is committed to providing a welcoming environment and a sense of community for everyone. At the Women's Center, we foster personal and professional growth through a network of support and services, including educational and cultural enrichment programming on women's and gender issues, information and referrals, and confidential advocacy services.

Programs and services at the Women's Center include a wide variety of events and programs held throughout the academic year, a comfortable lounge equipped with a fully-stocked kitchenette and free hot beverages, a study space with computers and access to a scanner and high-speed printer, resources for student organizations, extensive volunteer opportunities, academic advising and internships offered for credit in a variety of disciplines, a private lactation and advocacy room, and confidential support for survivors of trauma. The Women's Center is located in Suite 109 on the ground floor of the Memorial Gym.