

# STUDENT HEALTH AND COMMUNITY RESOURCES

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## Early Childhood Education

**U of I Children's Center, 421 Sweet Ave;** [www.uidaho.edu/student-affairs/childrens-center](http://www.uidaho.edu/student-affairs/childrens-center) (<https://www.uidaho.edu/student-affairs/childrens-center/>)

The U of I Children's Center offers year-round childcare for children from 6 weeks through 5 years of age. Accredited by the National Association for the Education of Young Children, the U of I Children's Center offers a safe and nurturing environment as well as developmentally appropriate curriculum that promotes the physical, social, emotional, and cognitive development of young children.

**U of I Child Development Lab, Mary Hall Niccolls Building Rm 103, 751 Campus Drive;** [www.uidaho.edu/cals/family-and-consumer-sciences/teaching-labs/child-development-laboratory](http://www.uidaho.edu/cals/family-and-consumer-sciences/teaching-labs/child-development-laboratory) (<https://www.uidaho.edu/cals/family-and-consumer-sciences/teaching-labs/child-development-laboratory/>)

The Margaret Ritchie School of Family and Consumer Sciences Child Development Laboratory offers half-day morning preschool for children 3-5 years old during fall and spring semester. The lab is accredited by the National Association for the Education of Young Children and offers U of I FCS students the opportunity to observe, plan, and lead experiences for children focusing on physical, social, emotional, and cognitive development.

## Counseling and Mental Health Center

**Continuing Education Building, 3rd Floor; 208-885-6716**

The Counseling and Mental Health Center (CMHC) is a multi-disciplinary team consisting of psychologists, clinical social workers, and a psychiatric nurse practitioner. Their mission is to support students and their mental health by providing individual and group therapy, psychiatric treatment, psychological assessment, outreach and consultation as well as substance use programs and services. The CMHC also provides emergency mental health services that are accessible to students through crisis support services on campus and 24-hour access to a mental health provider. In addition, they collaborate with campus partners through liaison relations that include health and wellness initiatives designed to reduce stigma and increase help-seeking behaviors. The CMHC contributes to the university's academic mission through its training and supervision of graduate practicum students, doctoral interns, postdoctoral residents and social work students and teaching academic coursework in the WWAMI medical education program. The Counseling and Mental Health Center is deeply committed to building a welcoming, affirming, and supportive environment for all students that reduces

stigma and increases access to mental health services, particularly for marginalized and underserved populations.

## Dean of Students

**TLC 232; 208-885-6757;** [askjoe@uidaho.edu](mailto:askjoe@uidaho.edu); [www.uidaho.edu/dos](http://www.uidaho.edu/dos) (<https://www.uidaho.edu/dos/>)

The University of Idaho is comprised of a diverse student population that requires the UI to have a diverse student services program. The Dean of Students Office provides a variety of services that focus on assisting students. Programs and services include advising students in living groups, students living off campus, ethnic minority students, and veterans. In addition, the Dean of Students Office coordinates New Student Orientation, the Women's Center, the Child Care Center, the National Student Exchange Program, student leadership activities, fraternity/sorority programs, and student discipline/conduct activities.

This wide range of programs and services includes assisting families and students who experience crisis situations that disrupt normal academic activities.

Staff members are trained to work with individuals and groups of students or to serve as a liaison between students, departments, and agencies on and off campus.

All these services and programs are supportive of the academic mission of UI and are an integral part of the student's total education at the university.

## Multicultural Affairs

**Office of Multicultural Affairs; TLC. 230; 208-885-7716; fax: 208-885-9494;** [oma@uidaho.edu](mailto:oma@uidaho.edu); [www.uidaho.edu/oma](http://www.uidaho.edu/oma) (<https://www.uidaho.edu/oma/>)

UI is committed to establishing and maintaining a campus environment that promotes cultural diversity. This is accomplished through the provision of student services that begin to address specific needs of Asian-American/Pacific Islander, Black or African-American, Chicano/Latino, and Native-American students. While offering targeted services and programs to these populations, the Office of Multicultural Affairs (OMA) is fundamentally a campus-wide resource meant to benefit the educational experience of the entire campus community by leading in the creation of an environment that supports multiculturalism and promotes inclusion.

OMA provides assistance to these traditionally underrepresented students in the areas of advocacy, financial aid, and accessing university student support programs. OMA is staffed by a full time director, a program coordinator, and an administrative assistant. Staff members are involved in campus-wide leadership and state-wide organizations to promote diversity. One important resource of these efforts is a group of student mentors selected to help new multicultural students connect with resources and learn from the experiences of more experienced U of I students. This mentor group is called P.A.C.E. (Peer Advising on the College Experience). OMA continuously works with other departments across the university to resolve issues that may hinder recruitment, retention, or the success of multicultural students.

Multicultural student organizations serve a vital role in retention and helping to promote and support cultural diversity on the UI campus. Some of the active organizations include the Asian American/Pacific Islander Association (AAPIA), the Native American Student Association (NASA), The Native-American Graduate Student Association, Gamma

Alpha Omega Sorority Inc., Iota Psi Phi Sorority Inc., Lambda Theta Alpha Sorority Inc., the Interested Ladies of Lambda Theta Alpha, the University of Idaho's Black Student Union (UI-BSU), Organizacion de Estudiantes Latino Americanos (OELA), MEChA (Movimiento Estudiantil Chicanos de Aztlán), the Hispanic Business Association, Sigma Lambda Beta Fraternity Inc., GSA (the Gay Straight Alliance), WOCA (Women of Color Alliance), the Men of Vision, the Hispanic Business Association (HBA), Sabor de la Raza, CAMPOS (the College Assistance Migrant Program Organization of Students), ALI (the Association of Latin-Americans and Iberians), ASA (African Students Association), the Associated Students of African Descent, and UNITY. OMA assists these and other organizations in planning and executing campus activities of special interest to their group's members (e.g., cultural heritage months, student leadership retreat, organizational meetings, and campus educational cultural activities). Many meetings of these student groups are held in the Multicultural Student Center, which is located in Rooms 228 and 229 of the Teaching and Learning Center (TLC). For further information, contact the Office of Multicultural Affairs' main office in room 230 of the Teaching and Learning Center, call 208-885-7716, email [oma@uidaho.edu](mailto:oma@uidaho.edu), or visit [www.uidaho.edu/oma](http://www.uidaho.edu/oma) (<https://www.uidaho.edu/oma/>).

## Student Health Insurance Program

### **Student Health Building;**

**208-885-2210;** [health@uidaho.edu](mailto:health@uidaho.edu); [www.uidaho.edu/current-students/student-health-services/insurance](http://www.uidaho.edu/current-students/student-health-services/insurance) (<https://www.uidaho.edu/current-students/student-health-services/insurance/>)

The University of Idaho requires all full-time, fee-paying, degree-seeking undergraduate students enrolled in 12 or more credits; graduate/law students enrolled in 9 or more credits; and international students to submit proof of valid health insurance as a condition of enrollment. Students subject to the requirement may choose to rely on personal health insurance or enroll in UI's Student Health Insurance Program.

## Vandal Health Clinic

**Student Health Services; 208-885-6693; [www.uidaho.edu/studenthealth](http://www.uidaho.edu/studenthealth)**

Vandal Health Clinic, operating under Student Health Services, provides a broad spectrum of outpatient medical care services. Services include lab and X-ray, nutrition counseling, psychiatry, primary care, and much more. Additional counseling services are available in cooperation with the Counseling and Mental Health Center.

The hours of operation, scope of services, and fee-for-service charge schedule are subject to change during the academic year. Please look for change notices at the Student Health Services website.

## Violence Prevention Programs and Resource Services

Resource specialists provide violence prevention and risk reduction programming for students, staff, and faculty on campus. Services include crisis intervention and referrals for on-going campus/community resources. Individual students, student leaders, university administrators, and community medical/legal professionals collaborate with resource specialists to create and implement positive campus policy. Risk reduction educational programs are available to all students at no cost. For more information, call 208-885-2956 or visit the Teaching and Learning Center Room 232.

## Women's Center

The Women's Center staff is committed to providing a welcoming environment and a sense of community for everyone. At the Women's Center, we foster personal and professional growth through a network of support and services, including educational and cultural enrichment programming on women's and gender issues, information and referrals, and confidential advocacy services.

Programs and services at the Women's Center include a wide variety of events and programs held throughout the academic year, a comfortable lounge equipped with a fully-stocked kitchenette and free hot beverages, a study space with computers and access to a scanner and high-speed printer, resources for student organizations, extensive volunteer opportunities, academic advising and internships offered for credit in a variety of disciplines, a private lactation and advocacy room, and confidential support for survivors of trauma. The Women's Center is located in Suite 109 on the ground floor of the Memorial Gym.