STUDENT HEALTH AND COMMUNITY RESOURCES

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Child Care Services

UI Children's Center, 421 Sweet Ave; www.uidaho.edu/student-affairs/childrens-center

The UI Children's Center offers childcare for children from 6 weeks through 5 years of age. Accredited by the National Association for the Education of Young Children, the UI Children's Center offers a safe and nurturing environment as well as developmentally appropriate curriculum which promotes the physical, social, emotional, and cognitive development of young children. For more information, call 208-885-6414.

The Margaret Ritchie School of Family and Consumer Sciences Child Development Laboratory provides childcare opportunities for preschool children. Call (208)885-6546 for information.

Counseling and Testing Center

Continuing Education Building, 3rd Floor; 208-885-6716; www.ctc.uidaho.edu

Many students find that it is helpful to discuss their concerns with a professional who takes the time to listen and understand. Counselors at the Counseling & Testing Center (CTC) are available to meet with students to discuss personal, educational, or career concerns. Counseling can help students learn more about themselves and develop new skills to deal more effectively with personal problems such as depression, anxiety, stress, eating disorders, sexual abuse, relationships, academic pressures, and problems with alcohol or other substances. Counseling sessions are confidential. The CTC offers the following services: crisis intervention, individual counseling, group counseling, couples counseling, stress management, biofeedback training, educational presentations, referral, testing, and assessment of learning disabilities. For students who wish to research issues on their own or in conjunction with a counselor, the CTC has a self-help room with information to assist students with problems such as test anxiety, panic, depression, homesickness, relationship concerns, and a variety of other issues common to college students.

The CTC also offers the following career development and counseling services to help students select a major and a career direction that is right for them:

1. individual counseling for major and career decision making,
2. career interest testing and interpretation, and
3. computerized career exploration system (DISCOVER®).

The CTC offers a variety of testing and assessment services. These include placement tests such as COMPASS which is used to determine initial placement in math and English courses, and advanced placement exams such as CLEP which allow students to earn college credit by passing exams in a variety of subject areas. The CTC also administers many of the national testing programs such as the SAT, ACT, GRE, TOEFL, MELAB, MCAT and PRAXIS and provides a secure testing environment for students who need exams proctored. Assessment services include evaluations for learning disabilities and Attention Deficit/Hyperactivity Disorder. In addition, psychological, diagnostic and career assessments are often used in the context of counseling and are available at the CTC. A fee is charged for most testing and assessment services. For more detailed information go to www.uidaho.edu/CTC/testing (http://www.uidaho.edu/CTC/testing/).

Counseling services are available without charge to full-time students. A fee is charged for most assessment and proctoring services. The CTC is committed to offering services that are inclusive and respectful of all students, regardless of race and/or ethnicity, sex, color, religion, spirituality, creed, national origin or ancestry, age, marital status, sexual orientation, gender identity, gender expression, disability, or veteran status. For additional information on services provided by the Counseling & Testing Center, visit the web at www.ctc.uidaho.edu (http://www.ctc.uidaho.edu/).

Dean of Students

TLC 232; 208-885-6757; askjoe@uidaho.edu; www.uidaho.edu/dos

The University of Idaho is comprised of a diverse student population that requires the UI to have a diverse student services program. The Dean of Students Office provides a variety of services that focus on assisting students. Programs and services include advising students in living groups, students living off campus, ethnic minority students, and veterans. In addition, the Dean of Students Office coordinates New Student Orientation, the Women’s Center, the Child Care Center, the National Student Exchange Program, student leadership activities, fraternity/sorority programs, and student discipline/conduct activities.

This wide range of programs and services includes assisting families and students who experience crisis situations that disrupt normal academic activities.

Staff members are trained to work with individuals and groups of students or to serve as a liaison between students, departments, and agencies on and off campus.

All these services and programs are supportive of the academic mission of UI and are an integral part of the student’s total education at the university.

Multicultural Affairs

Office of Multicultural Affairs; TLC. 230; 208-885-7716; fax: 208-885-9494; oma@uidaho.edu; www.uidaho.edu/oma

UI is committed to establishing and maintaining a campus environment that promotes cultural diversity. This is accomplished through the provision of student services that begin to address specific needs of Asian-American/Pacific Islander, Black or African-American, Chicano/Latino, and Native-American students. While offering targeted services and programs to these populations, OMA is fundamentally a campus...
Student Health Insurance Program

Student Health Building:
208-885-2210; health@uidaho.edu; www.uidaho.edu/current-students/student-health-services/ship

The University of Idaho requires all full-time, fee-paying, degree-seeking undergraduate students enrolled in 12 or more credits; graduate/Law students enrolled in 9 or more credits; and all international students to submit proof of valid health insurance as a condition of enrollment. Students subject to the requirement may choose to rely on personal health insurance or enroll in UI’s Student Health Insurance Program.

Student Health Services

Student Health Services; 208-885-6693; www.uidaho.edu/studenthealth

Student Health Services, in partnership with Moscow Family Medicine, provides a broad spectrum of outpatient medical care services. The medical staff includes Board-certified physicians, physician assistants, and nurse practitioners. Services include lab and X-ray, nutrition counseling, and psychiatry. Additional counseling services are available in cooperation with the Counseling and Testing Center.

Health education classes and wellness programs are available to students. These programs range from fitness and nutrition classes to substance abuse and smoking cessation courses. A list of programs and additional information is available at the Student Health Services web site, www.uidaho.edu/studenthealth (https://www.uidaho.edu/studenthealth/).

The hours of operation, scope of services, and fee-for-service charge schedule are subject to change during the academic year. Please look for changes notices at the Student Health Services web site.

Violence Prevention Programs and Resource Services

Resource specialists provide violence prevention and risk reduction programming for students, staff, and faculty on campus. Services include crisis intervention and referrals for on-going campus/community resources. Individual students, student leaders, university administrators, and community medical/legal professionals collaborate with resource specialists to create and implement positive campus policy. Risk reduction educational programs are available to all students at no cost. For more information call 208-885-2956 or visit the Teaching and Learning Center Room 232.

Women's Center

The Women's Center staff is committed to providing a welcoming environment and a sense of community for everyone. At the Women's Center, we foster personal and professional growth through a network of support and services, including educational and cultural enrichment programming on women's and gender issues, information and referrals, and confidential advocacy services.

Programs and services at the Women's Center include: a wide variety of events and programs held throughout the academic year; a comfortable lounge equipped with a fully-stocked kitchenette and free hot beverages; a study space with computers and access to a scanner and high-speed printer; resources for student organizations; extensive volunteer opportunities; academic advising and internships offered for credit in a variety of disciplines; a private lactation and advocacy room; and confidential support for survivors of trauma. The Women's Center is located in Suite 109 on the ground floor of the Memorial Gym.