HEALTH AND SAFETY (H&S)

H&S 150 Wellness Lifestyles
3 credits
Health concepts and strategies that affect one's wellness; emphasis on personal responsibility and life-style choices.

H&S 200 (s) Seminar
Credit arranged

H&S 203 (s) Workshop
Credit arranged

H&S 204 (s) Special Topics
Credit arranged

H&S 232 Medical Terminology
2 credits
Introduction to basic concepts of medical terminology and symbols related to medical and allied health professionals.

H&S 245 Introduction to Athletic Injuries
3 credits
Special fee course. Athletic training; recognition, evaluation, general care of athletic injuries; adhesive strapping. Two lectures and one lab per week.

H&S 288 First Aid: Emergency Response
2 credits
Emergency care of injuries form accidents or illness; patient assessment and First Aid Treatment. Basics of human anatomy, chronic and environmental diseases. Qualified students may earn a CPR/AED and First Aid certification. Lab fee required. One lecture and 1 lab per week.

H&S 289 Drugs in Society
2 credits
Legal implications, values, and physical, social, and emotional factors involved in the use and abuse of drugs in society.

H&S 299 (s) Directed Study
Credit arranged

H&S 301 Peer Health Education
2 credits
This course prepares students to inform, educate, intervene and assist their campus peers to make healthy lifestyle choices. Upon completion of the course and Certified Peer Health Educator (CPE) test, students become a CPE with the Bacchus Network. Students meet once a week for 2 hours in class.

H&S 328 Community Health: Theory, Systems, and Practice
3 credits
This course examines concepts of community and public health history, philosophy, theory, science, and practice. Community health is presented as an interdisciplinary and interactive system organized to promote and protect health, prevent disease, and eliminate health disparities. It also addresses professional competencies, standards, and the important role of community health in the health care system.

Prereq: MVSC 201

H&S 350 Stress Management and Mental Health
2 credits
Application of behavioral stress management techniques that have the potential to relieve mental and physical stress; emphasis on development of skills related to mental and physical health.

H&S 400 (s) Seminar
Credit arranged
H&S 523 School Health Education Methods and Administration
3 credits
Joint-listed with H&S 423.
Curriculum design, organization and administration, methods and strategies, and resource materials for teaching health in school health settings. Team leadership project and activity required for graduate credit. (Fall only)
Prereq: H&S 150 or MVSC 201

H&S 597 (s) Practicum
1-3 credits

H&S 599 (s) Research
Credit arranged