FAMILY AND CONSUMER SCIENCES (FCS)

FCS 200 (s) Seminar (1-16 credits)
Credit arranged

FCS 203 (s) Workshop (1-16 credits)
Credit arranged

FCS 204 (s) Special Topics (1-16 credits)
Credit arranged

FCS 220 Introduction to Human and Community Engagement (1 credit)
Cross-listed with CLDR 220
This course aims to prepare students to discover initiatives and opportunities for personal and professional engagement in their communities. Students will identify individual and community-based issues through an overview of basic human and community development theories and models. Students will examine the volunteerism, efforts, programs, policies, and practices of governmental agencies, charitable foundations, non-governmental organizations, and other community-based initiatives in the local area. Students will recognize their role as a citizen and opportunities for harnessing their talents through human and community engagement.
Prereqs: "C" or above in FCS 234

FCS 236 Directed Early Childhood Laboratory Experience (3 credits)
Directed practical experience in early childhood settings to develop an understanding of early care and learning, and gain experience in developmentally appropriate practices and strategies to support the individual development and learning of young children.
Prereqs: FCS 234, FCS 235, and FCS 236

FCS 251 Survey of FCS Professions (1 credit)
Web delivered, survey course for students considering a career in Family and Consumer Sciences, particularly teaching. Televised interviews with professionals in a variety of FCS careers, and an in-depth look at teaching as a career. An advising meeting with the FCS Teacher Educator is required to explain the requirements of the program.

FCS 295 Career Development in Apparel & Textiles (1 credit, max 2)
Preparation for professional internship and job search experiences, including identifying goals, skills, opportunities and strategies, fine-tuning resumes, the application processes, preparing for interviews, analyzing the internship, and introductory portfolio preparation. (Fall only)
Prereqs: ATD major or permission

FCS 299 (s) Directed Study (1-16 credits)
Credit arranged

FCS 301 Professional Skills in Dietetics I (1 credit)
Development of professional skills for CPD students including leadership skills, communication techniques, involvement in professional organizations, and promotion of foods and nutrition. Students will create a professional development portfolio. (Fall only)
Prereqs: FCS 270 and Junior standing in the Food and Nutrition Coordinated Program in Dietetics Option.

FCS 305 Nutrition Related to Fitness and Sport (2 credits)
Identification of energy, macro/micro nutrient and fluid requirements during exercise; evaluation of dietary regimens and ergogenic aids for pre and post competition, weight maintenance, and wellness. (Fall only)
Prereqs: Family and Consumer Sciences major or Movement Sciences major or Permission

FCS 346 Personal and Family Finance and Management (4 credits)
Principles and procedures of individual and family management and their relationship to human and economic resources; applications of management principles to spending, saving, borrowing, and investing decisions. (Spring only)

FCS 363 Medical Nutrition Therapy (4 credits)
Diet modification for adult and child needs in disease and convalescence. Clinical experience in Spokane hospitals. (Fall only)
Prereqs: Senior standing in CPD

FCS 364 Clinical Dietetics I (4 credits)
Clinical experience and simulations preparing students for entry into hospital rotations in Idaho/Washington hospitals. (Fall only)
Prereqs: Senior standing in CPD

FCS 365 Advanced Nutrition Lab (1 credit)
Lab to accompany FN 415 for students accepted into CPD program only. One 2-hour lab per week. (Fall only)
Prereqs: CPD major, FN 205, BIOL 227 and BIOL 228, BIOL 300

FCS 375 Recipe Development and Culinary Exploration (3 credits)
Institutional organization and management; supervised practice in food service. Three lectures per week. (Spring only)
Prereqs: FCS 384 or Permission

FCS 384 Intro Dietetics Supervised Practice II (1 credit)
CPD supervised practice experience including introductory clinical, community, and food service management activities and facility rotations. One 3-hour lab per week. (Spring only)
Prereqs: FCS 384
Coreqs: FCS 387

FCS 398 (s) Internship (1-16 credits)
Credit arranged

FCS 400 (s) Seminar (1-16 credits)
Credit arranged

FCS 403 (s) Workshop (1-16 credits)
Credit arranged

FCS 404 (s) Special Topics (1-16 credits)
Credit arranged

FCS 405 (s) Professional Development (1-16 credits)
Credit arranged

FCS 420 Advanced Human and Community Engagement Experience (2-5 credits, max 5)
Cross-listed with CLDR 420
Formalized service-learning experience with community-based organization(s). Students commit a minimum of 40 hours of volunteerism/community engagement per semester credit. At least 40 hours must be with the preapproved organization and supervisor. Requires completion of a formal proposal.
Prereqs: CLDR 220 or FCS 220 and be in your final semester of the Human and Community Engagement Minor

FCS 428 Housing America's Families (3 credits)
Housing, furnishings, and equipment as they influence family well-being, and families' housing choices as affected by social, psychological, economic, technological, and political factors. Four-five 2-hour field trips. (Spring only)

FCS 429 Professional Skills in Dietetics II (1 credit)
Clinical experience in Spokane hospitals. (Fall only)

FCS 436 Clinical Dietetics II (4 credits)
Clinical experience and simulations preparing students for entry into hospital rotations in Idaho/Washington hospitals. (Fall only)
Prereqs: Senior standing in CPD

FCS 445 Experimental Foods Management (3 credits)
Experimental foods management activities and facility rotations. (Fall only)
Prereqs: FCS 364 and FCS 365

FCS 452 Internship (1-16 credits)
Credit arranged
FCS 446 Financial Counseling and Debt Management (3 credits)
Course content includes an examination of financial counseling and debt management with individuals and families. Topics include principles of financial counseling, budgets, financial statements, credit, debt, collection policies and practices, mortgages, foreclosures, and bankruptcy. After completion, students are eligible to take a national exam towards becoming an Accredited Financial Counselor. Recommended Preparation: FCS 346. (Fall only)

FCS 448 Consumer Economic Issues (3 credits)
Consumer economic issues, including consumers in the marketplace, the consumer movement, rights and remedies, advocacy, public policy, decision making, buying, credit, banking, insurance, clothing, health care, food, housing, and investments. (Fall only)
Prereqs: ECON 201, ECON 202, ECON 272 or FCS 105; or Permission

FCS 468 Real Estate Management (3 credits)
This course is organized around the sequence of the real estate transaction for the new real estate professional. Other aspects of real estate will include diversified properties that require management and the duties and obligation of the property manager.
Prereqs: FCS 346

FCS 472 Clinical Dietetics II (8 credits)
Continuation of FCS 364. Supervised practice in Washington/Idaho hospitals. (Spring only)
Prereqs: FCS 364, Senior standing in CPD

FCS 478 Community Nutrition Supervised Practice (4 credits)
Community nutrition supervised practice experience in WIC, Child Nutrition, wellness facilities, public health, etc.
Prereqs: FCS 486 and Senior standing in CPD
Coreqs: FCS 473 and FCS 486

FCS 488 Management Supervised Practice II (8 credits)
Supervised practice with dietitians and employees in school and hospital food service settings in Idaho or Washington.
Prereqs: FCS 387 and Senior Standing in CPD

FCS 496 Internship: Fashion Business (2-8 credits, max 8)
Supervised experience in fashion business: fashion design, textile/apparel manufacturing, retailing, merchandising; geared to career goals of student. Graded P/F.
Prereqs: Apparel, Textiles and Design major.

FCS 498 (s) Internship (3-9 credits, max 9)
Supervised internship in education institutions, governmental/social agencies, hospitals, business, or industry; geared to the professional goals of students.
Prereqs: Permission

FCS 499 (s) Directed Study (1-16 credits)
Credit arranged

FCS 500 Master's Research and Thesis (1-16 credits)
Credit arranged

FCS 501 (s) Seminar (1-16 credits)
Credit arranged

FCS 502 (s) Directed Study (1-16 credits)
Credit arranged

FCS 503 (s) Workshop (1-16 credits)
Credit arranged

FCS 504 (s) Special Topics (1-16 credits)
Credit arranged

FCS 505 (s) Professional Development (1-16 credits)
Credit arranged

FCS 509 Nutrition and Dietetics Professional Skills (1 credit)
Prepares dietetic students to assume professional responsibilities to provide safe, ethical, and effective nutrition services and to use effective communication, collaboration, and advocacy skills.

FCS 573 Applied Community Nutrition (5 credits)
Applied community nutrition takes place in a facility in Idaho or Washington. Students will be assigned to a facility that they will report to two days per week throughout a 16-week semester or every day during a 6-week summer session. Students will spend 240 hours of supervised assessment and educating the community on topics related to health.
Prereqs: FCS 473 or H&S 490; and Acceptance into the M. S. in Dietetics

FCS 590 Intellectual Foundations in Family and Consumer Sciences (3 credits)
Overview of historical perspectives of family and consumer sciences profession; explanation and application of alternative modes of inquiry in family and consumer sciences research.

FCS 598 (s) Internship (1-16 credits)
Credit arranged Supervised internship in educational institutions, governmental/social agencies, hospitals, or industry; geared to the educational and vocational goals of students.
Prereqs: Permission

FCS 599 (s) Non-thesis Master's Research (1-16 credits)
Credit arranged Research not directly related to a thesis or dissertation.
Prereqs: Permission

FCS 600 Doctoral Research and Dissertation (1-45 credits)
Credit arranged