FAMILY AND CONSUMER SCIENCES (FCS)

FCS 200 (s) Seminar (1-16 credits)
Credit arranged

FCS 203 (s) Workshop (1-16 credits)
Credit arranged

FCS 204 (s) Special Topics (1-16 credits)
Credit arranged

FCS 251 Survey of FCS Professions (1 credit)
Web delivered, survey course for students considering a career in Family and Consumer Sciences, particularly teaching. Televised interviews with professionals in a variety of FCS careers, and an in-depth look at teaching as a career. An advising meeting with the FCS Teacher Educator is required to explain the requirements of the program.

FCS 299 (s) Directed Study (1-16 credits)
Credit arranged

FCS 301 Professional Skills in Dietetics I (1 credit)
Development of professional skills for CPD students including leadership skills, communication techniques, involvement in professional organizations, and promotion of foods and nutrition. Students will create a professional development portfolio. (Fall only)
Prereqs: FN 270 and Junior standing in the Food and Nutrition Coordinated Program in Dietetics Option.

FCS 305 Nutrition Related to Fitness and Sport (2 credits)
Identification of energy, macro/micro nutrient and fluid requirements during exercise; evaluation of dietary regimens and ergogenic aids for pre and post competition, weight maintenance, and wellness. (Fall only)
Prereqs: Family and Consumer Sciences major or Movement Sciences major or Permission

FCS 346 Personal and Family Finance and Management (4 credits)
Principles and procedures of individual and family management and their relationship to human and economic resources; applications of management principles to spending, saving, borrowing, and investing decisions. (Spring only)

FCS 363 Medical Nutrition Therapy (4 credits)
Diet modification for adult and child needs in disease and convalescence. Clinical experience in Spokane hospitals. (Fall only)
Prereqs: Senior standing in CPD

FCS 364 Clinical Dietetics I (4 credits)
Clinical experience and simulations preparing students for entry into hospital rotations in Idaho/Washington hospitals. (Fall only)
Prereqs: Senior standing in CPD

FCS 365 Advanced Nutrition Lab (1 credit)
Lab to accompany FN 415 for students accepted into CPD program only. One 2-hour lab per week. (Fall only)
Prereqs: CPD major, FN 205, BIOL 227 and BIOL 228, BIOL 300

FCS 375 Recipe Development and Culinary Exploration (3 credits)

FCS 387 Food Systems Management (3 credits)
Institutional organization and management; supervised practice in food service. Three lectures per week. (Spring only)
Prereqs: Permission

FCS 388 Intro Dietetics Supervised Practice II (1 credit)
CPD supervised practice experience including introductory clinical, community, and food service management activities and facility rotations. One 3-hour lab per week. (Spring only)
Coreqs: FCS 387

FCS 398 (s) Internship (1-16 credits)
Credit arranged

FCS 400 (s) Seminar (1-16 credits)
Credit arranged

FCS 403 (s) Workshop (1-16 credits)
Credit arranged

FCS 404 (s) Special Topics (1-16 credits)
Credit arranged

FCS 405 (s) Professional Development (1-16 credits)
Credit arranged

FCS 428 Housing America's Families (3 credits)
Housing, furnishings, and equipment as they influence family well-being, and families' housing choices as affected by social, psychological, economic, technological, and political factors. Four-five 2-hour field trips. (Spring only)

FCS 446 Financial Counseling and Debt Management (3 credits)
Course content includes an examination of financial counseling and debt management with individuals and families. Topics include principles of financial counseling, budgets, financial statements, credit, debt, collection policies and practices, mortgages, foreclosures, and bankruptcy. After completion, students are eligible to take a national exam towards becoming an Accredited Financial Counselor. Recommended Preparation: FCS 346. (Fall only)

FCS 448 Consumer Economic Issues (3 credits)
Consumer economic issues, including consumers in the marketplace, the consumer movement, rights and remedies, advocacy, public policy, decision making, buying, credit, banking, insurance, clothing, health care, food, housing, and investments. (Fall only)
Prereqs: ECON 201, ECON 202, ECON 272 or HDFS 105; or Permission

FCS 472 Clinical Dietetics II (8 credits)
Continuation of FCS 364. Supervised practice in Washington/Idaho hospitals. (Spring only)
Prereqs: FCS 364, Senior standing in CPD

FCS 487 Community Nutrition Supervised Practice (4 credits)
Community nutrition supervised practice experience in WIC, Child Nutrition, wellness facilities, public health, etc.
Prereqs: FN 305 and Senior standing in CPD
Coreqs: FN 491 and FN 305

FCS 488 Management Supervised Practice II (8 credits)
Supervised practice with dietitians and employees in school and hospital food service settings in Idaho or Washington.
Prereqs: FCS 387 and Senior Standing in CPD

FCS 496 Internship: Fashion Business (2-8 credits, max 8)
Supervised experience in fashion business: fashion design, textile/apparel manufacturing, retailing, merchandising; geared to career goals of student. Graded P/F.
Prereqs: Apparel, Textiles and Design major.

FCS 498 (s) Internship (3-9 credits, max 9)
Supervised internship in education institutions, governmental/social agencies, hospitals, business, or industry; geared to the professional goals of students.
Prereqs: Permission
FCS 499 (s) Directed Study (1-16 credits)
Credit arranged

FCS 500 Master's Research and Thesis (1-16 credits)
Credit arranged

FCS 501 (s) Seminar (1-16 credits)
Credit arranged

FCS 502 (s) Directed Study (1-16 credits)
Credit arranged

FCS 503 (s) Workshop (1-16 credits)
Credit arranged

FCS 504 (s) Special Topics (1-16 credits)
Credit arranged

FCS 505 (s) Professional Development (1-16 credits)
Credit arranged

FCS 509 Nutrition and Dietetics Professional Skills (1 credit)
Prepares dietetic students to assume professional responsibilities to provide safe, ethical, and effective nutrition services and to use effective communication, collaboration, and advocacy skills.

FCS 590 Intellectual Foundations in Family and Consumer Sciences (3 credits)
Overview of historical perspectives of family and consumer sciences profession; explanation and application of alternative modes of inquiry in family and consumer sciences research.

FCS 591 Single-Subject Research Design for Social Sciences (3 credits)
This is a course that will focus on applications and interpretations of single subject research designs and the analysis of human behavior in educational and community settings. It will cover several topics such as method designs, behavioral measurements, data analyses, and writing research proposals. Typically Offered: Varies.

FCS 598 (s) Internship (1-16 credits)
Credit arranged. Supervised internship in educational institutions, governmental/social agencies, hospitals, or industry; geared to the educational and vocational goals of students.

FCS 599 (s) Non-thesis Master's Research (1-16 credits)
Credit arranged. Research not directly related to a thesis or dissertation. Prereqs: Permission

FCS 600 Doctoral Research and Dissertation (1-45 credits)
Credit arranged