

OUTDOOR RECREATION LEADERSHIP MINOR

Code	Title	Hours
RSTM 1070	Outdoor Recreation and Adventure Sports	3
RSTM 2900	Wilderness First Responder	3
RSTM 3100	Outdoor and Adventure Leadership	3
RSTM 4110	Expedition Planning and Management	3
Select 6 credits from the following:		6
RSTM 2160	River Recreation and Water Craft Safety	
RSTM 2180	Rock Climbing & Mountaineering	
RSTM 2280	Avalanche Fundamentals	
RSTM 2290	Swiftwater Rescue Training	
RSTM 2800	Practicum in Recreation, Sport, and Tourism	
RSTM 4080	Experiential Education and Adventure Recreation	
Select 4 credits from the following:		4
IFIT 1060	Fitness and Wellness ¹	
IFIT 1080	Water-Based Fitness and Sports	
RSTM 1080	Orienteering & Navigation	
RSTM 2040/4040	Special Topics	
RSTM 2220	Cross Country Skiing	
RSTM 2240	Whitewater Rafting	
RSTM 2250	Kayaking	
RSTM 2270	Mountain Biking	
RSTM 2310	Alpine Skiing	
RSTM 2990/4990	Directed Study	
Total Hours		22

¹ Wall Climbing, Advanced Wall Climbing, Fly Tying, Fly Fishing, Intro Archery/Hunting, Archery, Scuba, Mountain Biking.

Courses to total 22 credits for this minor