

MOVEMENT AND LEISURE SCIENCES (M.S.)

Master of Science. Major in Movement and Leisure Sciences.

This program provides students the skills, tools, and philosophy necessary to be servant leaders in organizations related to physical activity, sport and recreation

The department also participates in the interdisciplinary M.S. and Ph.D. in Neuroscience and the M.S. in Bioregional Planning and Community Development. Persons interested in doctoral study should visit the College of Education and departmental web page for more information about admission requirements and application procedures.

Please see the Movement Sciences Graduate Student Handbook for details and program requirements on earning this degree.

1. Students are able to use inquiry (analytical/critical thinking) skills and techniques to effectively investigate problems and communicate knowledge related to leading healthy active lifestyles.
2. Students will understand the key components of wellness through a holistic perspective in relation to healthy active lifestyles.
3. Students understand the value of effective leadership, marketing, and/or ethics in working with individuals and/or groups to lead healthy active lifestyle experiences.