

# PHYSICAL EDUCATION

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## Physical Education Teaching Minor (Grade levels 1-12)

An academic major in physical education teacher education is offered through the Department of Movement Science leading to the degree of B.S.Ed. For information on the undergraduate major in physical education, see the Department of Movement Sciences (<https://catalog.uidaho.edu/colleges-related-units/education-health-human-sciences/movement-sciences/>) section.

Code	Title	Hours
IFIT 1080	Water-Based Fitness and Sports	1
MVSC 2010	Survey of Health, Fitness, Sport, and Wellbeing	3
MVSC 4860	Community Health Assessment, Planning, and Intervention	3
ESHS 1070	Movement Fundamentals	1
ESHS 1320	Skill and Analysis of Striking and Net/Wall Activities	1
ESHS 1330	Skill and Analysis of Target and Invasion Activities	1
ESHS 1340	Skill and Analysis of Recreation and Outdoor Activities	1
ESHS 3000	Applied Human Anatomy and Biomechanics	3
ESHS 3600	Motor Behavior	3
ESHS 4120	Elementary Methods in Physical Activity Pedagogy	3
ESHS 4130	Foundations and Assessment in Physical Activity Pedagogy	3
ESHS 4180	Physiology of Exercise	3
ESHS 4210	Secondary Methods in Physical Activity Pedagogy	3
ESHS 4240	Inclusive Physical Education and Recreation	3
First Aid and CPR Certificate		
<b>Total Hours</b>		<b>32</b>