

PHYSICAL EDUCATION

Physical Education Teaching Minor (Grade levels 1-12)

An academic major in Physical Education Teacher Education is offered through the Department of Movement Science leading to the degree of B.S.Ed. For information on the undergraduate major in Physical Education, see the Department of Movement Sciences (<https://catalog.uidaho.edu/colleges-related-units/education-health-human-sciences/movement-sciences/>) section.

Code	Title	Hours
IFIT 108	Water-Based Fitness and Sports	1
MVSC 201	Physical Activity, Wellness & Behavior Change for Healthy Active Lifestyles	3
MVSC 486	Healthy Active Lifestyle Assessment and Intervention	3
PEP 107	Movement Fundamentals	1
PEP 132	Skill and Analysis of Striking and Net/Wall Activities	1
PEP 133	Skill and Analysis of Target and Invasion Activities	1
PEP 134	Skill and Analysis of Recreation and Outdoor Activities	1
PEP 300	Applied Human Anatomy and Biomechanics	3
PEP 360	Motor Behavior	3
PEP 412	Elementary Methods in Physical Activity Pedagogy	3
PEP 413	Foundations and Assessment in Physical Activity Pedagogy	3
PEP 418	Physiology of Exercise	3
PEP 421	Secondary Methods in Physical Activity Pedagogy	3
PEP 424	Inclusive Physical Education and Recreation	3
First Aid and CPR Certificate		
Total Hours		32