PHYSICAL EDUCATION

Physical Education Teaching Minor (Grade levels 1-12)

An academic major in physical education teacher education is offered through the Department of Movement Science leading to the degree of B.S.Ed. For information on the undergraduate major in physical education, see the Department of Movement Sciences (https://catalog.uidaho.edu/colleges-related-units/education-health-human-sciences/movement-sciences/) section.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>IFIT 108</td>
<td>Water-Based Fitness and Sports</td>
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<td>MVSC 201</td>
<td>Survey of Health, Fitness, Sport, and Wellbeing</td>
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<td>MVSC 486</td>
<td>Community Health Assessment, Planning, and Intervention</td>
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<td>ESHS 107</td>
<td>Movement Fundamentals</td>
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<td>ESHS 132</td>
<td>Skill and Analysis of Striking and Net/Wall Activities</td>
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<td>ESHS 133</td>
<td>Skill and Analysis of Target and Invasion Activities</td>
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<td>ESHS 134</td>
<td>Skill and Analysis of Recreation and Outdoor Activities</td>
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<td>ESHS 300</td>
<td>Applied Human Anatomy and Biomechanics</td>
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<td>ESHS 360</td>
<td>Motor Behavior</td>
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<td>ESHS 412</td>
<td>Elementary Methods in Physical Activity Pedagogy</td>
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<td>ESHS 413</td>
<td>Foundations and Assessment in Physical Activity Pedagogy</td>
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<td>ESHS 418</td>
<td>Physiology of Exercise</td>
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<td>Secondary Methods in Physical Activity Pedagogy</td>
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<td>ESHS 424</td>
<td>Inclusive Physical Education and Recreation</td>
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<td></td>
<td>First Aid and CPR Certificate</td>
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