

HEALTH EDUCATION

28-Credit Health Education Teaching Minor

A current advanced first aid and emergency care card is required upon graduation.

Code	Title	Hours
FN 205	Concepts in Human Nutrition	3
ESHS 150	Wellness Lifestyles	3
or MVSC 201	Survey of Health, Fitness, Sport, and Wellbeing	
ESHS 423/523	Health Education Methods	3
ESHS 450	Critical Health Issues	3
ESHS 451	Psychosocial Determinants of Health	3
ESHS 490	Health Promotion	3
MVSC 486/586	Community Health Assessment, Planning, and Intervention	3
PSYC 330	Human Sexuality	3
or HDF5 240	Intimate Relationships	
Select one of the following sequences:		4
BIOL 102 & 102L	Biology and Society and Biology and Society Lab	
BIOL 115 & 115L	Cells and the Evolution of Life and Cells and the Evolution of Life Laboratory	
EPPN 154 & EPPN 155	Microbiology and the World Around Us and Microbiology and the World Around Us: Laboratory	
Total Hours		28

For a 30-credit teaching major, add two credits of electives in ESHS. For a 45-credit teaching major, add 22 credits of ESHS electives.