DEPARTMENT OF MOVEMENT SCIENCES

The Department of Movement Sciences is one of three departments in the College of Education, Health and Human Sciences. Graduate Programs include the Doctor of Athletic Training (D.A.T.) and participates in the Ph.D. in Education, with tracks in Healthy Active Lifestyles and Exercise Science; the department offers master's degrees in Athletic Training (M.S.A.T.), Movement & Leisure Sciences (M.S.), and Physical Education (M.Ed.), and participates in the M.S. in Bioregional Planning and Community Design; the department also offers baccalaureate degrees in Dance, Exercise Science and Health, Physical Education, and Recreation, Sport, and Tourism Management; several minors and options; and basic instruction in numerous recreational fitness, dance, aquatic, and sport activity areas.

The activity portion of the program is supported by outstanding facilities, which include three gymnasia, two dance studios, two pools, eight outdoor tennis courts, six racquetball courts, indoor and outdoor tracks, weight rooms, climbing wall, and expansive field and play areas. In addition, activity classes are taught in the Student Recreation Center.

The baccalaureate degree in Dance is designed to create a positive, student-focused learning environment that promotes the intellectual, social, emotional, cultural, and moral development of students to prepare for careers in dance and/or other related fields on a competitive and professional level. The Festival Dance and Performing Arts Association maintains a residency program with the department.

The baccalaureate degree in Exercise Science and Health provides graduates with knowledge of strategies, leadership skills, and the technical abilities to plan, implement, and evaluate health and exercise programs. It also prepares students for post-baccalaureate study in numerous clinical health professions, including athletic training, physical therapy, occupational therapy, public health, nursing, pharmacy, and medicine.

The baccalaureate degree in Physical Education leads to K-12 teaching certification and provides a foundation for athletic coaching. The degree is designed to prepare teachers to inspire students in 1-12 schools to lead healthy, active lifestyles through a structured and engaging program of physical education.

The baccalaureate degree in Recreation, Sport, and Tourism Management provides the student with an understanding of leisure and recreation and its role in society as a necessary factor for an individual to obtain a quality, healthy life and to function in our society. Further, the degree prepares a broadly educated professional to assist and lead individuals, organizations and communities in the supervision and facilitation of recreation programs and resource management. Students graduating from this program are immediately eligible to sit for the national-level examination to become a Certified Leisure Professional.

Academic and teaching minors offered by the department include: health education, dance, outdoor recreation leadership, sustainable tourism and leisure enterprises, and physical education.

Majors

- Exercise, Sport, and Health Sciences (B.S.E.S.H.S.) (https://catalog.uidaho.edu/archive/2018-2019/colleges-related-units/education-health-human-sciences/movement-sciences/exercise-sciences-health-bsesh) with emphases in Physical Education Teaching; Fitness, Health and Human Performance; Pre-Athletic Training; Pre-Physical Therapy, and Community Health Education and Promotion

Minors


Certificates


Movement Sciences Graduate Program

The Graduate Record Examination is not required for admission to the master's programs. However, candidates must fulfill the requirements of the College of Graduate Studies and of the Department of Movement Sciences. See the College of Graduate Studies (https://catalog.uidaho.edu/archive/2018-2019/colleges-related-units/graduate-studies) section for the general requirements applicable to each degree.